



Heavy Metal Toxicity Questionnaire

Client Name:

Client Age:

Heavy Metal Symptom Checklist

Mild to Moderate Correlation	Experience? (Chk if yes)	Comments, Details
Frequent diarrhea		
Several Allergies/Sensitivities		
Chronic headaches		
Burning sensation on tongue		
Unexplained edema		
Feeling anxious, jumpy, nervous		
Chest pains		
Heart palpitations		
Sensitivity to light		
Metallic taste in mouth, routine		
Joint pain, chronic		
Ongoing insomnia		
Painful sore/ulcer on tongue, unexplained		
Chronic itching, unexplained by allergies, etc.		
Chronic or intermittent rashes, unexplained		
Chronic heartburn		
Frequent muscle cramps		
Autoimmune disease		
Type 2 Diabetes		
Tinnitus		
SubTotal (x1)		

Major Correlation		Comments, Details
Muscle twitching		
Tremor, in any body part		
Regular constipation		
Mood swings, unexplained, or Emotional withdrawal		
Trouble making decisions		
Slow reaction time or reflex, unexplained		
Memory loss or Significant recall trouble		
Numbness and tingling in extremities		
Cold in extremities, regardless of season		
Cancer		
Heart Disease		
Alzheimer's Disease or Parkinson's		
Frequent overnight urination		
Chronic fatigue, unexplained		
Chronic depression		
Frequent irritability, unexplained		
SubTotal (x3)		
Total		

Each case is unique and needs individual consideration.
 For general evaluation of toxicity possibility: 0-15: Low Likelihood; 16-30 Moderate Likelihood; Over 30: High Likelihood

